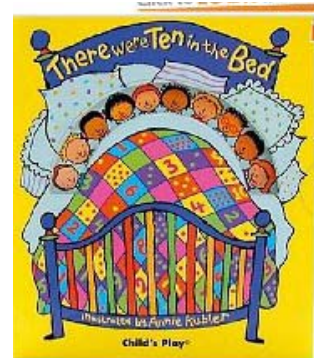
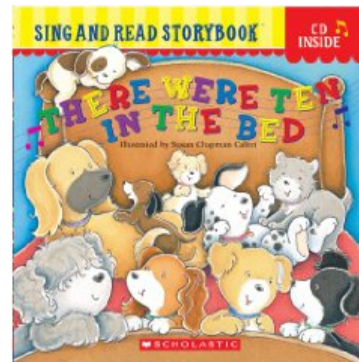
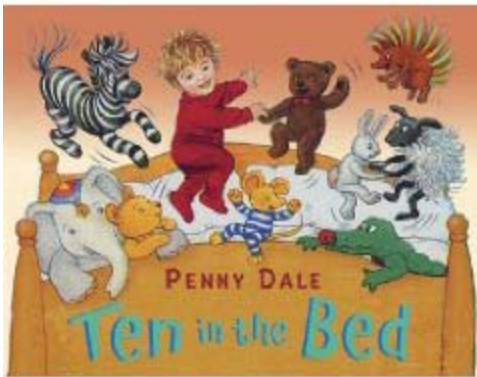


Ten in the Bed (or Roll Over)



You'll find plenty of versions of this song in book form. I use it to reinforce so-mi-do with my 2nd graders. I sing the song as I show them any version of the book asking them to listen for a place where they hear so-mi-do. Before too many are out of the bed students are already chiming in and usually indicating solfege handsigns as they sing. In a subsequent class I have Orff instruments sitting in a circle set up with all but the F-A-C bars removed and a classroom percussion instrument between each of the xylophones or glockenspiels. As we sing the song, classroom percussion play the beat on "There were 10 in the bed and the little one said" followed by barred instruments playing "Roll over, Roll over". Then, all students "roll over" (move to the next instrument on their right) during "So they all rolled over and one fell out". Repeat!

At the very end we sing "Good Night!" on so-do which students are able to figure out without me telling or showing them.

You might also use this song to assess individual singing voices with each student in your class getting to be the "little one". ☺